

Meeta Garg

Artist Statement

My work is deeply rooted in the exploration of identity, memory, and the passage of time. Through mixed media, I aim to weave narratives that resonate with both personal and collective experiences. I love to create simple and playful images yet elaborate, at the same time using vibrant colors, overlapping textures and depth of layering. Through different combinations I try to bring the subject new life, exemplify tactile textures and supercharging the senses for art lovers. Most of my works are centered around the cosmos, nature and life around us sparking joy, positivity, and well-being.

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Bio

Having earned a Bachelor's degree in Statistics and a Master's degree in Business Development, I initially pursued a career in those fields. However, my passion for art eventually led me down a different path. After completing various art courses, such as mixed media, printmaking, and acrylic painting at Central Saint Martin's College of Art and Design in London, I began to follow my true calling.

My creative journey started in London and now continues from my studio in the New York area. Over the past few years, I have showcased my work in numerous galleries, group and solo exhibitions, and juried and members' shows. I have also completed several commissioned pieces for clients across different countries.

To promote art, I volunteer at school art shows and have been actively involved with Bernards Parks and Recreation in NJ, organizing the art show for Charter Day each year. Among various accolades, I was recently honored with the Mayor's Art Award for 2021-22.

Amidst the challenges posed by the COVID-19 pandemic, I embarked on a mission to promote art by founding an art company "The Meraki." Under this initiative, I

organize art workshops, art camps, and exhibitions to showcase the work of emerging artists while fostering creativity and expression.

Additionally, I offer art-based corporate team-building activities, recognizing the therapeutic benefits of engaging in artistic endeavors. Through these initiatives, I aim to enhance well-being and foster a sense of connection and fulfillment through art.

Website: www.artbymeeta.com